



# Johrei Association Journal

Johrei Association of Australia Newsletter

2016 Issue 3

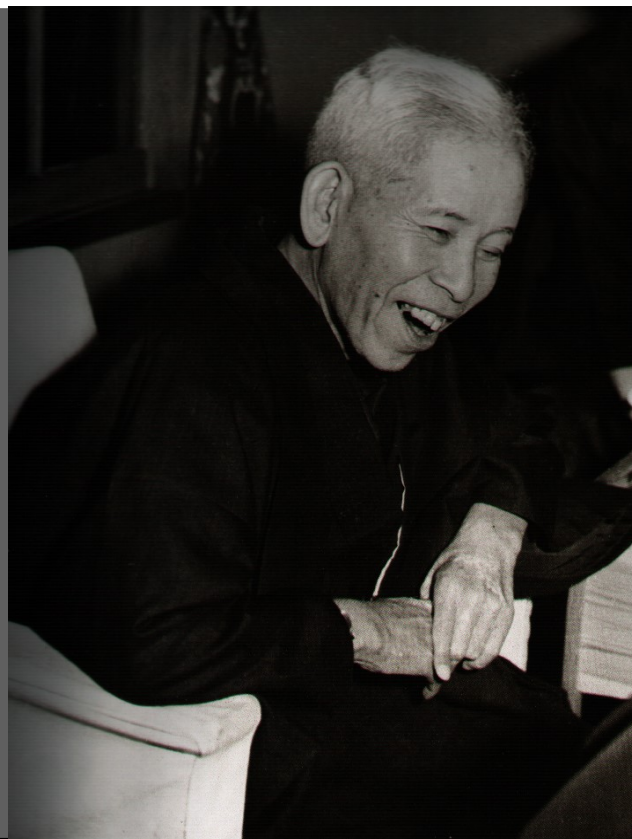
July – September 2016

“By teaching Truth,  
Virtuous living,  
And the enjoyment of beauty,  
I guide people  
To the pathway of heaven.

Truth is the way,  
Virtue is the deed,  
And beauty is the heart.  
I am helping others  
Live these ideals.

Truth gives birth to goodness  
And creates a virtuous heart,  
Goodness manifests as beauty.  
Let all seekers Know this.”

*Meishu-Sama's poem*



## ***Wait for the right time***

When we study Humanity, we find many failures in every part of society. If pain resulting from failure was felt exclusively by the individual involved, the matter would end with that person becoming resigned to the personal misfortune. It does not end there, however. A failure can make one's family destitute, even homeless, and can cause trouble for relatives, associates and friends. Although the person probably began with good intentions, a failure cannot be passed over lightly because of the problems it creates with its far-reaching consequences.

This being the case, it is necessary to probe into the cause of a failure. The underlying reason is something most people do not take into consideration. Before beginning a project, a person makes plans and prepares in every way he or she can think of for it. When it gets

underway, the individual realizes it is not proceeding as planned, with unforeseen hindrances and unexpected obstacles appearing, and can't tell what to do next.

Anyone who fails treads this same path. The reason is that the person neglects the timing. In all human affairs there is nothing more absolute than the time.

There is a tide in everything, even in such matters as the growing of flowers, fruits and vegetables. Though other conditions are favourable, it is impossible to obtain good results unless the time is right. If a bulb is planted in autumn, flowers come out in spring. If a seed is sown in spring, flowers bloom through summer into fall. A time

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of ripening is fixed for fruit also. A time of ripening is fixed for fruit also. If picked too soon it cannot be eaten immediately, since it is good only when it is ripe. There is a right time for sowing and transplanting all agricultural products as well, conforming to climate and weather.

Nature shows us the importance of time, for, every changing phase is spiritual truth in action. If people will take Nature as their model in approaching any project, they will have the best conditions for success at their command.

Johrei, Nature Farming and all other activities in our movement are based on the observation of Nature. When its laws are followed exactly there are no failures, the desired good results being obtained always. Therefore, whatever I may be planning, I am never in a hurry to begin. I look at all aspects objectively, and give the entire project careful consideration repeatedly. After I have confirmed that the project is right in every respect, useful to humanity and lasting in its benefits, I prepare myself and then wait for the proper time.

Most people become impatient and cannot wait for the right moment. They begin before the time is ripe, so discrepancies occur between the expectation and the outcome. They become still more impatient, the discrepancies grow bigger, and finally they fail.

It is vitally important to wait for the right time. Everything has a perfect moment, without exception. This must have been understood long ago, since we have some wise old proverbs, such as, "All things come to those who wait," and "The net of a sleeper catches fish."

There used to be many people who were impatient with my way of doing things. There were others who suggested plans to me, or expressed their wishes about my activities. I promised to use some of their ideas, but as I was very slow in put them into practice, this people often became irritated or puzzled. They did not understand I was only waiting because the right time for starting had not arrived.

"Don't miss an opportunity" and "Grasp a chance" express how the right time can be recognized. When all necessary preparations have been made, circumstances arise that cause a plan to go into action inevitably. Once a project is started under such circumstances, everything works out smoothly and naturally. No force is required at all. In short, to be deliberate in preparation and prompt in action are the keys to success.

As an example, suppose there is a heavy rock on the top of a hill. You wish to move it down the slope, but there is

something in the way. If you try to force the rock past the obstacle, you must strain against it. If you wait with patience instead, the obstacle will become weaker and weaker from the weight of the leaning rock. It will loosen until a push with a finger will send the rock rolling down the hill without any difficulty.

Iyeyasu Tokugawa, a famous Japanese Shogunate feudal lord whose descendants ruled for three hundred years, was famous for his patience. He would never begin any project before the time was right. This is beyond doubt the reason the government he stablished lasted so long. A poem was written to describe his character: "If the cuckoo does not sing, I will wait until it does." Tokugawa understood the vital importance of timing, Even God waits for the right time. If you keep this mind you will succeed at anything you undertake that is worthwhile.



*(From the book Teachings of Meishu-Sama - Vol. 2 Pg. 4)*

## ***Kyoshu-Sama's Message Beginning of Spring Service***

*( Guidance by Kyoshu-Sama– Revised April 2016 )*



In deep awe and fear of God, I would like to say that the One who created each one of us is God, the Creator. His purpose of Creation is to give birth to a child who could inherit His very own eternal life. To this end, God in heaven, before Creation, gave birth to the spirits that would turn into all the things of the universe and also gave birth to the spirits that would become humans. These human spirits are what we call divine spirits. God then granted breath to all the spirits He produced; God injected His purpose of Creation in breath. With His breath, God endowed us divine spirits with His life, consciousness and soul.

In heaven, God regarded us as His children and gave all

of us the same name, "Messiah." The status of a Messiah, therefore, is not just prepared for someone special. All of us, without exception, were given the name and status of "Messiah, a child of God," in heaven, before we were born on earth.

In the process of the Creation of the universe, God first sent all things to earth and then, at last, sent us human beings, granting us with the sense of self. Human beings acquiring the sense of self – this perception of "I" – is neither the end result nor the purpose of the Creation of God. It is to make all human beings His children and give us His eternal life.

In order to meet this purpose, we humans on earth must return to heaven with our free will and recall what God did for us in heaven – how He endowed us with His breath, life, consciousness and soul and named us Messiah.

Before we were born on earth, God gave all of us His eternal life. At that time, we did not have this sense of self. As ones who now have an individual sense of self, we need to return to heaven and receive God's eternal life "once more" and "anew" with our own will and of our own accord.

We need to be born anew and attain the status of "Messiah, a child of God," – the status that God granted us before we were born on earth, in heaven. This is how we can fulfil the purpose of God and live eternally.

Now, God already fulfilled His purpose of Creation in Meishu-Sama. Meishu-Sama was able to attain the status of "Messiah, a child of God."

Just like us, Meishu-Sama was sent to earth. In the course of his life, Meishu-Sama came to a conviction that God and heaven existed within him. With his own will, he decided to return to this internal heaven together with all humanity and all things, and received God's eternal life "once more" and "anew." He received it and filled his whole body – every single cell – with it. Thus, Meishu-Sama fulfilled God's purpose of Creation and attained the status of "Messiah, a child of God."

To have given birth to Meishu-Sama was an inexplicable joy and glory of God. All of God's creations in the whole universe is now filled with this enormous joy of

God. Each one of us is also filled with this joy, along with every single one of our bodily cells.

In June 1954, Meishu-Sama declared openly that “a Messiah was born” and that he was “born anew.” Through this declaration, Meishu-Sama, I believe, wanted us to realize that the joy of God exists at the center of each one of us.

For us believers of Meishu-Sama, he is our model. God sent us Meishu-Sama so that each one of us can also fulfil God’s purpose of Creation and attain the status of “Messiah, a child of God.” As a member of World Church of Messiah, if you wish to be born anew as a child of God, you must acknowledge and say, “Meishu-Sama who was born anew as ‘Messiah, a child of God,’ exists at the center of my consciousness. I will now return to heaven together with everyone and everything.”

Until recently, I have overlooked and disregarded the power of the mind or the power of thoughts just because they cannot be seen with human eyes and are intangible. But Meishu-Sama repeatedly taught us about their importance and always reminded us of how strong and boundless that power is. We know from various records that Meishu-Sama emphasized the importance of the mind especially after he received a brain stroke in April 1954. He said many times to those who served him very closely at his home, “The time has changed. It is different from before. Johrei is not as important now. From here on, we must use our minds.”

As we place so much value on the physical act of ministering Johrei, this remark is something we might want to ignore or pretend as if Meishu-Sama had not said it. But Meishu-Sama did in fact say it and remember, he said it 62 years ago that “the time has changed.” What has happened since then? What would we say to Meishu-Sama if he asks us now, “What have you done or changed since 1954?”

Have we been seriously thinking about whether the use of our minds and thoughts are more important than ministering Johrei? Aren’t we still thinking that the visible and physical act of ministering Johrei is the main message of Meishu-Sama’s teachings rather than the invisible and spiritual act of using our minds and thoughts? We have to change this – and we have to change this now.

We are already 62 years behind Meishu-Sama. How much longer do we have to delay and shy away from this message Meishu-Sama left us – his revolutionary message that is always evolving? I want to catch up with Meishu-Sama and grasp what

he wants us to learn as his followers. If any of you would also like to treasure the above remark by Meishu-Sama, I know he will be delighted and will teach you, I am sure, what he means by it.

Through his remark in 1954, Meishu-Sama, I believe, wants us to realize that our minds are for God to use; God needs our minds and thoughts to advance His divine work. We feel as if we can use our minds freely and form whatever thoughts we want. But, as I always say, our minds and emotions are also creations of God and they are for His to be used. God prepared our minds and emotions so that He can communicate with us through them. So let us not take the workings of our minds and emotions lightly just because we or others cannot see or feel them. God watches us and knows everything that we ponder in our minds; He knows everything that we feel. He sees us and listens to us with His great love and forgiveness.

We often say that we need to act to create a paradise on earth. When we say this, we assume that we need to do something visible and tangible, using our body – like channeling Johrei to others, handing out flowers or guiding people to a church. These are valuable actions, of course. But I would like you to know that to direct your hearts and minds to God and surrender your feelings and thoughts to Him are in themselves important actions that lead to the construction of paradise on earth. Do not your hearts and minds belong to earth? Does not each one of your hearts and minds need to become a paradise if you want to take part in the construction of paradise on earth? Our hearts and minds, however, are full of faults, aren’t they? That is why we need to surrender our inner selves to God and receive His holy heart and mind, because God, not us, is the only Being who can construct paradise on earth. So let us transform our way of thinking! Let us move away from our old way of thinking that “action” only refers to doing something visible and tangible. Let us believe that God wants us to focus on Him always and surrender our whole being to Him. This in itself is an important action and how we can serve in the new phase of the divine work of Meishu-Sama in a very concrete manner.

“The construction of paradise on earth” means only one thing. It is for us to follow in the footsteps of Messiah Meishu-Sama, be born anew as a child of God and attain the status of a Messiah. We can all be a Messiah while living on earth, because we are destined to be so. God named us “Messiah” in heaven, , and now we have to fulfil the heart of God on this



very earth. *This* is what a construction of paradise on earth means. God is constructing us to become His children. Where does He do it? He does it within us. He is training our hearts and minds always so that our consciousness does not vanish when we die. God wants our consciousness to last forever and attain eternal life. That is why I will say this repeatedly:

“Surrender your inner selves, your heart and mind, to God in the name of Messiah Meishu-Sama; surrender your life,

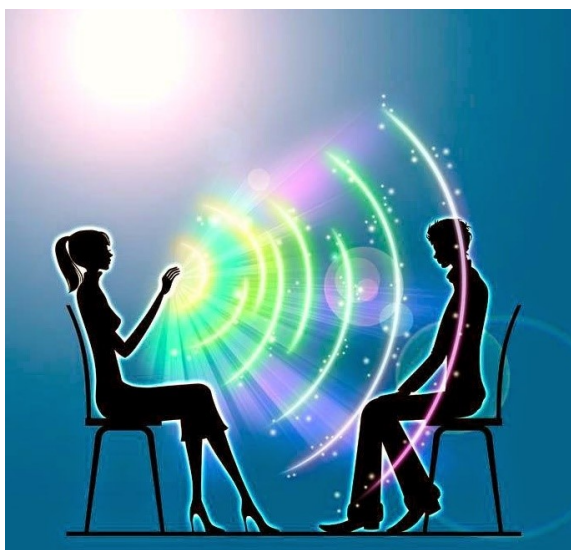
consciousness and soul to Him. God will then be able to nurture and train you and lead you to obtain eternal life. Living your life in this way is how you can be a part of the construction of paradise on earth.”

I, with all my heart, would like to praise God who *is* all and *in* all. May He govern us forever and ever.

## ***Faith in Action***

### ***Johrei***

#### **The teachings of Meishu-Sama and Johrei**



**JOHREI** is the name given to the channelling of a spiritual energy or Divine Light to purify one's spiritual body and awaken our divine nature. In Japanese, Johrei means “purification of the spirit”.

Its main purpose is to awaken the soul to the power of the Divine Light, which can change self-centred lives into God-centred ones. Johrei is an action which brings about spiritual fulfilment and true happiness on Earth.

#### **The purpose of Johrei**

The ultimate purpose of Johrei is to create paradise on earth. But on a smaller scale, paradise must first be created in our homes and families. For that to occur, we must create paradise in our own hearts. The world is made up of peoples who form countries. Countries are made up of cities, towns, and villages. Cities, towns, and villages are made up of families. Families are made up of individuals. To create paradise, if

the individuals who constitute the basic unit cannot be helped, there is no way to help the entire world. For example, if one takes a single family as a model of the world, when the family achieves a paradise like state and is helped, so too may the whole world be helped.

#### **How is Johrei practiced?**

A typical Johrei session lasts from 10 to 30 minutes. If needed, the session can be prolonged. The person who channels the energy is called the Johrei “channeller”. The one who receives the energy is the “receiver”. The distance between channeller and receiver varies from 1 to 3 feet. During a typical session, Johrei is firstly channelled to the front and then to the back of the receiver. The videos below demonstrate how Johrei is practised.

#### **Who can channel Johrei?**

All who have experienced results with Johrei can become Johrei channellers after going through a Foundation Course and receiving the “Ohikari” (Sacred Focal Point). Johrei can be channelled to anyone, anywhere and at any time.

In Meishu-Sama's own words: “When the channellers give Johrei, they are not offering cures to those who are sick, and their main intention is not to cure the illness itself. They only act to transmit the Divine Light, which will purify the recipient's spiritual body and cleanse it of its spiritual clouds. Once the spiritual body is purified, illness is automatically cured as a natural consequence.”

“The purpose of Johrei is not to effect physical healing. Johrei is an action which brings about spiritual fulfilment and true happiness on Earth... sickness is a form of purification and the real cause of sickness is clouds on the spiritual body, which are dispelled through that purification”

#### **Johrei Beginners Course:**

After having experienced results with Johrei, anyone can start the Johrei Beginners Course.

(Source <http://www.johreicentre.org.uk/>)

## *Experience of Faith Channeling Johrei to Rice*

(Thaís Horowicz Gavião- Johrei Center Botafogo -  
26/01/2013 )



"I am 20 years old and I am a Johrei Member since 2009. My parents met each other at the Johrei Centre, but they move away from the Johrei when I was a child.

When I was around fifteen years-old, I began to question the existence of God and the dogmas of the religions in general. I sought a more consistent faith and decided to return to Johrei, which was a very present practice in my childhood. On September 26, 2009, I had the permission of receiving the Ohikari.

Just after the Ohikari Bestowal Ceremony, the minister in charge of the Centre came to channel me Johrei and gave me a task. He asked me to take three cooked rice bags, close them well with a node, and keep them separate. Then, he guided me to channel five minutes of Johrei daily in the first bag during a week. At the same time, I should utter good words towards the second rice bag every day, praising it, saying just positive things. For the third bag, I should utter negative words, swearing at it, expressing hatred. I asked him what would happen at the end of one week, but he said that I myself would tell him afterwards.

I ended up not doing this task, but I was very curious about what results could come. In 2012, finally I decided to accomplish that task. Every day, I channelled Johrei to one rice bag, spoke positive words for the second bag and cursed the third bag, keeping them separated. In the first two days, nothing happened. By the third day, however, I began to notice a difference between the three rice bags.

The "bad," bag i.e., the one which received the negative charge, presented a few black grains. On the fourth day,

these grains were even blacker and more grains were black as well, while the bag to which I had praised presented few blue-greenish beans, as a mould.

Throughout the week, these characteristics intensified until the seventh day, when I could notice that the bag to which I swore at was completely black, the bag to which I said good things was totally mouldy and the bag for which I only channelled Johrei remained totally white, presenting a somewhat pasty consistency.

I confess that, though I believed very much in the Johrei power, and even witnessing diseases being healed by it a few times, I was shocked and amazed at the same time. Even when the evidences can be taken as a proof for something, we human beings sometimes need to see in order to believe, and I am sure that this experience really strengthened my faith.

Whenever I get a chance, I show the picture I took at the end of this one-week experience to my friends and other people, explaining what I did. When faced with such evidence, no one can disbelief the Power of Johrei.

I want that this experience of mine can encourage people to receive and channel Johrei in order to purify their minds and bodies, as happened with the rice. I really never asked him, but I believe this was the objective of the Minister when he gave me this task: to strengthen my faith so that I can contribute to the strengthening of the faith of others.

Moreover, through this experience I learnt a lot about the Power of the Speech. Now I am always trying to avoid uttering negative words to people, even to people I do not really like, because I believe that the bad words spoken can damage the spirit of people. As our goal is to build a Paradise on Earth, it is necessary for all people to rise spiritually; so I cannot make the spirit of people turn black like happened to the rice.

I hope I can spread Johrei and Meishu-Sama philosophy through this experience, guiding new members and participating in the construction of Paradise on Earth.

Thank you."

Inspired by this wonderful experience, our Melbourne member Carolina Baptista attempted the same practice with rice bags, applying the same routine: taking three different bags full of rice cooked on the same pan, channelling Johrei to one, praising the second with good words and swearing at the third one, and could achieve the same results. Below, you can see the actual pictures from Ms. Baptista's experience.

Please, let's do our utmost to channel more Johrei to people; and cultivate good vibrations, sending only positive thoughts and words to people surround us. May all of us keep a clean mind and soul just like as the rice which received Johrei demonstrated to us.

Also, we would like to thank you all members in Australia who are open their houses to held Johrei Gatherings in their own places to spread God's light through Johrei.

*(Next Photo is from Carolina Batista's experience from Melbourne Johrei Centre)*



## JOHREI GATHERINGS

Every month, the Johrei Association members hold Johrei, Ikebana and Nature Farming activities all around Australia, either at Sydney and Melbourne Johrei Centre and members' own houses. We are open to meet anyone who wants to receive Johrei, and all are welcomed to join us in our activities. Please be in contact to Rev. Horacio and Rev. Rubens in order to be informed when the monthly activities will take place.

We also provide monthly schedules by email for the members. If you are not receiving it from us, please send us an email to: [Johrei.sydney@gmail.com](mailto:Johrei.sydney@gmail.com).

Also refer to [www.johrei.org.au](http://www.johrei.org.au) in order to visualize the Calendar of Activities.





# What is on at Johrei Centre

## Rev. Horacio Missionary trip to Brazil

Rev. Horacio de Godoy will Travel to Brazil on 29th September to a Missionary trip in Brazil, he will dedicate at Guarapiranga Sacred Ground.

During his Missionary Trip, Min. Rubens will be doing the Sydney Monthly service in October.

Rev. Horacio de Godoy will be back to Australia on 19th October.



## AGM

The Annual General Meeting of the Johrei Association Ltd. Will be held at the registered Australian headquarters .

This is a formal meeting to present the financial performance of the Johrei Association in Australia and to elect the new directors for the new fiscal year.

Yours Sincerely,

Rev. Horacio de Godoy,

Johrei Association Ltd

President

## **2016 Year Schedule**

**Monthly Service: Sydney:** 1<sup>st</sup> Sunday at 11:00 am

**Melbourne:** 2<sup>nd</sup> Sunday at 11:00 am

**Brisbane:** 3<sup>rd</sup> Sunday at 11:00 am

**September :** Annual General Meeting and Members Conference - Sydney  
Johrei Centre - 17/09/2016 – 3:00 pm

**December 23 (Friday) at 18:00 pm** – Meishu-Sama's Birthday Service

### **Activities currently happening:**

#### Sydney

**Study Class and New Members Class:** By appointment with Rev. Horacio Godoy

#### Melbourne

**Study Class and New Members Class:** By appointment with Rev. Rubens

**Ikebana arrangement—** volunteer work on Sunday, by Karen Mieko, before the Monthly Service

Any other event or more details of the events above will be updated on the coming editions.

## Dear Readers

We are very glad to delivery the 3rd Edition of Johrei Newsletter and keep everyone updated with the news about our activities, Johrei Gatherings and guidance from the spiritual leader Kyoshu-Sama.

This journal is for you and we would appreciate your contributions in making it happen. You can contribute by sending articles and suggestions for improvement to:

[johrei.sydney@gmail.com](mailto:johrei.sydney@gmail.com)

In order to contribute to the environment and help us in saving costs we would like to send the news by e-mail to whoever has an e-mail address. We would appreciate it if you can send your e-mail address to:

[johrei.sydney@gmail.com](mailto:johrei.sydney@gmail.com)

All your contributions will be appreciated.



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